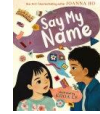



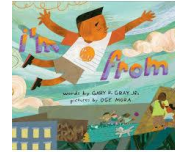
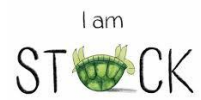
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Connecting SEL & IB in the Jackson Cluster
2024 - 2025 SEL Book of the Month Initiative



| | SEL COMPETENCY | THE ME | LEARNER PROFILE ATTRIBUTE | APPROACHES TO LEARNING SKILL | BOOK TITLE |
|------------------|---|---|---|---|---|
| AUGUST | Relationship Skills allows students to develop and maintain healthy relationships with others, including the ability to resist negative social pressures, resolve interpersonal conflict, and seek help when needed. Students need to be able to work well with their classmates in order to participate in collaborative groups. | Welcome to the School Community (We recognize the value of our home communities, while making a daily contribution to our school community through acts of kindness.) | Communicator I express my thoughts, share my feelings, and listen to others. | Communication Skills Exchanging-information skills (listening, interpreting, speaking) |  Say My Name, By Joanna Ho and Khoa Le Names reveal generational ties and histories, weaving an intricate tale of the past. Names—and correctly saying them—are important. Each one carries the hopes, dreams, and traditions of those that came before us. Six captivating kids of Chinese, Tongan, Persian, Diné, Mexican, and Ghanaian descent proudly celebrate their names, languages, and cultures. This lyrical story shows how saying a person's name is the only way we can truly know another |
| SEPTEMBER | Self-awareness is the ability to recognize one's own feelings, interests, and strengths, in addition to maintaining an accurate level of self-efficacy. Students who are self-aware are capable of describing and understanding their own emotions. In addition, they are capable of recognizing their own strengths and weaknesses. Students' beliefs about their own strengths and weaknesses influence the academic choices they make, how long they will persist on tasks and whether or not they will ask for help on academic tasks. | Individuality and Positive Self-Concept (We are aware of the importance of each unique identity and the strengths we all bring as individuals) | Reflective I use experiences to consider my choices, take action, help me grow, and improve the world around me | Social Skill Developing positive interpersonal relationships and collaboration skills (using self-control, managing setbacks, supporting peers) |  Like Lava in My Veins By Derrick Barnes & Shawn Martinborough All it takes is a loving teacher to help a boy get control of his sizzling superpowers. Bobby Beacon's got fire flowing through his veins. And now he's psyched to attend a new school that'll help him get a better grip on his powers. It ain't easy to stay calm when people don't seem to understand you and are always pushing you to the edge. Good thing Bobby gets moved to a class with an understanding teacher who clues him in on ways to calm himself and shows him that caring for others is its own kind of superpower. |


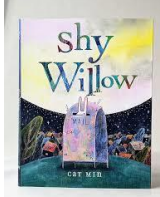
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| OCTOBER | Social awareness allows individuals to take others' perspectives into account and to empathize with others. Socially aware students are more likely to recognize and appreciate the similarities and differences of others. Social awareness is particularly important for students as they participate in new instructional shifts. Students need to take the perspectives of their classmates during classroom discussions and attempt to empathize and relate with characters during analysis of texts. | Diversity and Acceptance (We show appreciation for diverse perspectives and experiences) | Inquirers I show curiosity by seeking information to develop questioning skills and build knowledge. | Thinking Skills Creative-thinking skills (generating novel ideas and considering new perspectives) |  <p>I'm From By Gary R. Gray & Oge Mara Early morning wakeups and homemade pancakes, Raucous bus rides and schoolyard games, Family games and bedtime rituals... These are the small moments that shape a child's day. I'm From is an invitation into the vivid world of one small boy, a poetic account of all the people and places and things that shape who he is and define where he is from</p> |
| NOVEMBER | Social awareness allows individuals to take others' perspectives into account and to empathize with others. Socially aware students are more likely to recognize and appreciate the similarities and differences of others. Social awareness is particularly important for students as they participate in new instructional shifts. Students need to take the perspectives of their classmates during classroom discussions and attempt to empathize and relate with characters during analysis of texts. | Empathy (We appreciate the value of kindness in building and maintaining a positive learning community) | Caring I respect the needs and feelings of others and show concern for the world around me. | Social Skill Developing positive interpersonal relationships and collaboration skills (using self-control, managing setbacks, supporting peers) |  <p>I'm Stuck By Julia Mills This wise and humorous story reminds us that when we're feeling down, sometimes what we need most is a friend by our side—and a deep belly laugh—to help us get back on our feet again.</p> |

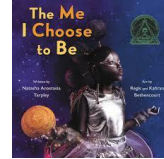
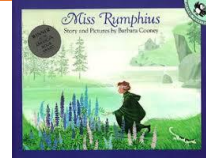
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|----------|---|--|--|--|---|
| DECEMBER | Responsible decision making enables students to keep in mind multiple factors—such as ethics, standards, respect, and safety concerns—when making their decisions. This competency includes students' capacity to identify problems and develop appropriate solutions to those problems, whether they are social or academic problems. | Inclusion (We identify ways to include all individuals and recognize the multiple perspectives that come with learning and physical differences) | Open-minded I listen to others' perspectives and respectfully consider different points of view. | Communication Skills Exchanging-information skills (listening, interpreting, speaking) |  <p>The Kindest Red By Ibthaj Muhammad The Kindest Red: A Story of Hijab and Friendship by Ibthaj Muhammad is a heartwarming children's book that explores the themes of hijab and friendship. The story follows two best friends, Asiya and Faizah, as they navigate the challenges of wearing hijab in a non-Muslim school. When Faizah's sister is bullied for wearing hijab, the girls come up with a creative solution to show their support and stand up against bullying.</p> |
| JANUARY | Self-management skills allow individuals to handle daily stresses and control their emotions under difficult situations. Students' capacities to regulate their emotions impact student memory and the cognitive resources they use on academic tasks. Self-management skills include the ability to monitor and reflect on personal and academic goal-setting, students use to master material. | Courage (We analyze the courage it takes to overcome adversity, take risks, and advocate for one's self) | Courageous I step out of my comfort zone to try new things and I am not afraid to make mistakes. | Self-Management States of mind (mindfulness, perseverance, emotional management, self-motivation, resilience). |  <p>Shy Willow By Cat Min Willow is a very shy rabbit who lives in an abandoned mailbox. She's content to live away from all the noise of the world. But one day a letter falls through the mail slot, and Willow soon learns that it's a letter written by a small boy with a request for the moon. It's Willow that feels she must take action to relay the request to the moon, and a bit reluctantly, she does.</p> |

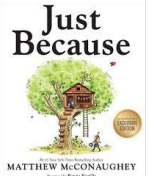

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| FEBRUARY | Responsible decision-making enables students to keep in mind multiple factors—such as ethics, standards, respect, and safety concerns—when making their decisions. This competency includes students' capacity to identify problems and develop appropriate solutions to those problems, whether they are social or academic problems. | Problem-Solving (We explore skills related to problem-solving and how those skills are developed to support learning, positive relationships and self-efficacy) | Thinkers I use information to build understanding, create new ideas, and solve problems | Thinking Skills Critical-thinking skills (analyzing and evaluating issues and ideas) |  <p>The Me I Choose to Be By Natasha Anastasia Tarpley and Regis and Kahran Bethencourt The possibilities are endless in this uplifting ode to the power of potential. With lyrical text by bestselling author Natasha Anastasia Tarpley and images by Regis and Kahran Bethencourt—the team behind CreativeSoul Photography—each page of The Me I Choose To Be is an immersive call for self-love that highlights the inherent beauty of all Black and brown children.</p> |
| MARCH | Self-management skills allow individuals to handle daily stresses and control their emotions under difficult situations. Students' capacities to regulate their emotions impact student memory and the cognitive resources they use on academic tasks. Self-management skills include the ability to monitor and reflect on personal and academic goal-setting. Academic self-regulation has important implications for student motivation in the classroom, as well as the learning strategies students use to master material. | Perseverance (We set and achieve realistic goals, both immediate and long term, by maintaining our focus and using a growth mindset) | Balanced I create a healthy lifestyle through balancing academic, social-emotional, and physical choices. | Self-Management Skills Organization skills (managing time and tasks effectively) |  <p>Miss Rumphius By Barbara Cooney Rumphius is a children's picture book written and illustrated by Barbara Cooney and originally published by the Viking Press in 1982. It features the life story of fictional Miss Alice Rumphius, a woman who sought a way to make the world more beautiful and found it in planting lupines in the wild. Miss Rumphius was inspired by the real life "Lupine Lady," Hilda Hamlin, who spread lupine seeds along the Maine coast, as well as Cooney.</p> |

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| APRIL | Self-awareness is the ability to recognize one's own feelings, interests, and strengths, in addition to maintaining an accurate level of self-efficacy. Students who are self-aware are capable of describing and understanding their own emotions. In addition, they are capable of recognizing their own strengths and weaknesses. Students' beliefs about their own strengths and weaknesses influence the academic choices they make, how long they will persist on tasks and whether or not they will ask for help on academic tasks. | Growth-Mindset (We recognize that we can achieve anything with effort and support. Learning capability is limitless) | Principled I am honest, fair, responsible, and I complete my assignments. | Research Skills Information-literacy skills (formulating and planning, data gathering and recording, synthesizing and interpreting, evaluating and communicating) |  <p>Just Because By Matthew McConaughey & Renee Kurilla The debut picture book by Academy Award-winning actor and #1 New York Times bestselling author Matthew McConaughey Just because I'm in the race, doesn't mean I'm fully ready. Just because I'm shaking, doesn't mean that I'm not steady. Have you ever felt worried and excited at the same time? Have you ever had your feelings hurt but forgiven someone anyway? Have you ever thought there was more than one right answer to a question? That's because contradictions are all around us. And they make us who we are</p> |
| MAY | Relationship Skills Allows students to develop and maintain healthy relationships with others, including the ability to resist negative social pressures, resolve interpersonal conflict, and seek help when needed. Students need to be able to work well with their classmates in order to participate in collaborative groups. | Collaboration (We commit to working with others to make our community and the world better) | Knowledgeable I am developing an understanding of the world around me, locally and globally. | Self-Management States of mind (mindfulness, perseverance, emotional management, self-motivation, resilience) |  <p>I am Golden By Eva Chen & Sophie Diao This joyful and lyrical picture book is a moving ode to the immigrant experience, as well as a manifesto of self-love for Chinese American children. What do you see when you look in the mirror, Mei? Do you see beauty? We see eyes that point toward the sun, that give us the warmth and joy of a thousand rays when you smile.</p> |

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